

I Pledge

My Head to clearer thinking,

My Heart to greater loyalty,

My Hands to larger service,

and,

My Health to better living,

For my Club, my Community,

my Country and my World.

Head represents:

- Thinking, planning and reasoning.
- Gaining new and valuable knowledgeable.
- Understanding the whys.

Heart represents:

- Being concerned about the welfare of others.
- Accepting the responsibilities of citizenship.
- Determining the values and attitudes by which to live.
- Learning how to live and work with others.
- Developing positive attitudes.

Hands represent:

- Learning new skills.
- Improving skills already known.
- Being useful, helpful and skillful.
- Developing respect for work and pride in accomplishment.

Health represents:

- Practicing healthful living.
- Enjoying life.
- Using leisure time wisely.
- Protecting the well being of self and others.